



# TOWN OF COLCHESTER

Commission on Aging  
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*Where Tradition Meets Tomorrow*

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*Nancy & Brian*  
MAY 9 2011

## Colchester Commission on Aging Meeting Minutes

Monday, May 9, 2011 – Colchester Senior Center

**Members Present:** Chairperson Jean Stawicki, Vice-Chair Theresa Hendricksen, Rose Levine, Betty Ann Oppelt

**Members Absent:** Sue Maikshilo, Barbara Warden

**Others Present:** Patti White, Rosemary Coyle

- 1. Call Meeting to Order:** The meeting was called to order by Chair Jean Stawicki at 1:08 p.m.
- 2. Minutes:** Betty Ann Oppelt motioned to approve the regular meeting minutes of 3/14/11. Theresa Hendricksen seconded. All other members present voted in favor. MOTION CARRIED.
- 3. Financial Report:** Betty Ann Oppelt reported that \$224.00 was collected for transportation in the month of April 2011. Patti White added that overall, they are collecting what was expected for transportation. Theresa Hendricksen motioned to accept the Financial Report. Rose Levine seconded. All other members present voted in favor. MOTION CARRIED.
- 4. Chairman's Report:** Jean Stawicki reported that she attended the Board of Selectmen's meeting and spoke about having 3 openings on the Commission. They have 3 applicants to interview and another who has shown interest. She also reported that she appointed Rose Levine, Theresa Hendricksen and Barbara Warden to the nominating committee that will recommend members to serve on the Commission on Aging Board. Betty Ann Oppelt motioned to accept the Chairman's Report. Theresa Hendricksen seconded. All other members present voted in favor. MOTION CARRIED.
- 5. Senior Center Director's Report:** Patti White reported that they have started a golf league. So far, there are 14 people signed up. It will be advertised in the paper again this week. They have requested some corporate sponsorship to help defray costs for participants.

The center is now offering evening programming on Tuesday and Wednesday evenings. They include yoga and line dancing.

The Community/Senior Center project has developed a timeline. The ad hoc facilities committee has not met yet. When they do, they will form a building committee that

will handle the project. Rosemary suggested adding a line item to the Commission on Aging agenda to keep everyone updated on the project.

Patti met with the First Selectman who asked her to find a way to improve the quality of the meals offered. They currently have a contract with TVCCA who provides food that a TVCCA staff member heats and serves. This encompasses meals-on-wheels as well as food served at the senior center. They have made improvements to the program including fresh prep foods and soups. Other towns have started preparing their own food and have been very successful. Patti will analyze the program over the next 6 months.

The center has also started a Mah-Jong group.

Patti talked about tracking usage of the senior center. They currently have a sign-in sheet in place that attendees are supposed to use. There are other, more accurate trackers that they may be able to use in the future.

There is an Older Americans Week picnic on May 25<sup>th</sup> from 4–6 pm.

The center has received grants from the Brookdale Foundation and the Colchester Learning Foundation for the memories program. They have also applied to Stop & Shop and the Lion's Club for the same program.

The Friendly Visitor's program is slow to start. Patti is having trouble finding people who would like visitors.

Rose Levine motioned to accept the Senior Center Director's Report. Theresa seconded. All other members present voted in favor. MOTION CARRIED.

- 6. Old Business:** Rose Levine said the *'Caring for a Loved One with Alzheimer's Disease or any other Dementia'* program is on hold until she can set a date with the doctor. The group decided to table the discussion regarding the meeting time until June when new members should be present.

**7. New Business:**

**A. Nominating Committee:** As chair, Rose Levine announced the recommendations of the committee. It was: Rose Levine for Chair and Theresa Hendricksen for Vice-Chair. Betty Ann Oppelt motioned to accept the recommendations of the nomination committee. Theresa Hendricksen seconded. All other members present voted in favor. MOTION CARRIED.

- 8. Adjournment:** Betty Ann Oppelt motioned to adjourn the meeting at 2:05 pm. Rose Levine seconded the motion. All other members present voted in favor. MOTION CARRIED.

Respectfully submitted,



Michelle Komoroski